

Chippewa Valley Schools

# GLUTEN FREE MENU

MIDDLE & HIGH SCHOOL  
FALL 2024-2025

## BREAKFAST

## LUNCH

**MON**

Assorted GF Cereals  
GF Granola w/ Yogurt  
(Trix, Lucky Charms, Cheerios, Cinnamon  
Chex)  
100% Fruit Juice  
Fresh Fruit  
1% White or 1% chocolate Milk

GF Chicken Strips  
Tortilla Chips  
Assorted Fresh Vegetables  
Assorted Fresh Fruits  
1% White or 1% chocolate Milk

**TUE**

Assorted GF Cereals  
GF Granola w/ Yogurt  
(Trix, Lucky Charms, Cheerios, Cinnamon  
Chex)  
100% Fruit Juice  
Fresh Fruit  
1% White or 1% chocolate Milk

Walking Taco w/ Tortilla  
Chips  
Assorted Fresh Vegetables  
Assorted Fresh Fruits  
1% White or 1% chocolate Milk

**WED**

Assorted GF Cereals  
GF Granola w/ Yogurt  
(Trix, Lucky Charms, Cheerios, Cinnamon  
Chex)  
100% Fruit Juice  
Fresh Fruit  
1% White or 1% chocolate Milk

GF Pepperoni Calzone  
w/ Marinara Sauce  
Assorted Fresh Vegetables  
Assorted Fresh Fruits  
1% White or 1% chocolate Milk

**THU**

Assorted GF Cereals  
GF Granola w/ Yogurt  
(Trix, Lucky Charms, Cheerios, Cinnamon  
Chex)  
100% Fruit Juice  
Fresh Fruit  
1% White or 1% chocolate Milk

Hamburger w/ GF Bun  
Baked Potato Chips or Tater Tots  
Assorted Fresh Vegetables  
Assorted Fresh Fruits  
1% White or 1% chocolate Milk

**FRI**

Assorted GF Cereals  
GF Granola w/ Yogurt  
(Trix, Lucky Charms, Cheerios, Cinnamon  
Chex)  
100% Fruit Juice  
Fresh Fruit  
1% White or 1% chocolate Milk

GF Chicken Strips  
Tortilla Chips  
Assorted Fresh Vegetables  
Assorted Fresh Fruits  
1% White or 1% chocolate Milk

QUESTIONS? CONTACT BRITTANY, RDN (586)723-2106  
ALLERGY FORMS MUST BE ON FILE.  
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